



.COACHES

Chris Welford



Pre-coaching background

HR manager, management consultant, company director

An ideal client would be

An intelligent, spiky, challenging senior leader who is struggling under the weight of what s/he has to do and who is paying little attention to self-care!

What I don't like doing

Being a substitute for good performance management or going through the motions with someone who has simply been sent

Style

Informal but focused; enquiring and compassionate but definitely challenging

Location

North West England, but works internationally

Relevant qualifications

- BSc., MA, AFBPsS, MCIPD, MBACP, PPABP
- NLP Practitioner
- Mental Health First Aider
- Practicing Psychotherapist (TA/Integrative) BACP Reg.

Industry sector experience

Banking, FinTech, Engineering, Outsourcing, Public Sector, Law and Professional Services

What makes me different?

Being a practising psychotherapist and blending in business psychology and organisational awareness; working with hidden emotional blockers and getting to root causes. Co-author of Staying Sane in Business and Mind Body Balance in Business

Languages

English

Jackie Sykes



Pre-coaching background

HR and management consultancy, business psychology, psychometric research and test publication, company director

An ideal client would be

Individuals who are passionate about personal development e.g. raising their self-awareness, enhancing their wellbeing and achieving their full potential

What I don't like doing

Working with people who have been sent for coaching and don't value it!

Style

I take a positive, active listening approach that supports the individual's self-discovery through insightful questions, genuine interest, challenging reflections, and targeted skills practice

Location

South East England, but works internationally

Relevant qualifications

- BSc., MSc., C.Psychol., AFBPsS, CSci, FCIPD
- HCPC Registered
- NLP Practitioner
- Mental Health First Aider
- Psychotherapist
- Qualified in a wide range of psychometric tools

Industry sector experience

Outsourcing, Public Sector, IT, Professional Services, Financial Services, Third Sector and Media

What makes me different?

I'm a pragmatist; a driven and positive person who turns ideas into action. It's my belief that we are all capable of so much more: individually and collectively. My goal is to help to enable my clients to be the best possible versions of themselves they can be. I am co-author of *Staying Sane in Business* and *Mind Body Balance in Business*

Languages

English

Mauro Tarrini



Pre-coaching background

Management consultant, talent director, occupational psychologist

An ideal client would be

Senior leaders of large BUs/functions with challenging peers and teams, combined with facing and leading substantive business challenges e.g. turnaround; merger or acquisition integration; pressure on growth and targets; divestment; strategic realignment – all at the expense of their work-life balance! I'm also interested in working with leaders who have made an international move requiring specialist expatriate coaching

What I don't like doing

Being a substitute for the line manager's responsibilities or working with individuals that have been 'sent' for coaching

Style

I take a person-centred, empathetic approach while being challenging and focused on the topic and goal in question

Location

UK and international

Relevant qualifications

- BSc., MSc., PhD, C.Psychol
- HCPC Registered

Industry sector experience

Air Transport, Consumer Goods, Banking, Energy, Hospitality, Legal, Leisure, Manufacturing, Professional Services, Pharmaceutical, Retail, Technology, Telecoms

What makes me different?

I apply the Egan Model (a problem-management approach to helping) in my coaching and integrate a range of relevant psychological approaches. I facilitate the client in raising their self-awareness, develop a sense of personal responsibility, and help them leverage and play to their strengths to thrive

Languages

English, Italian

Craig Lunnon



Pre-coaching background

Senior HR and change practitioner

An ideal client would be

Professionals at points of career transition, where new ways of thinking and working are needed; first senior manager or leadership appointments for example

What I don't like doing

Working with people who are not open to the opportunity that coaching can provide

Style

Calm, encouraging and open but challenging when required and always working from a position of high trust on both sides

Location

North West England based but highly mobile

Relevant qualifications

- BEng., MCIPD
- AoEC (certificate level)

Industry sector experience

Central and Local Government, Utilities, FS, Retail, FMCG, Engineering, Technology, Nuclear and Third Sector

What makes me different?

Nearly 30 years helping clients to deliver step changes in organisational and individual performance and recognised by leaders and executive teams as a first-rate coach and mentor who can help identify what's important from the 'noise' and find solutions to the most complex issues

Languages

English

Rosemary Sandham



Pre-coaching background

Chief Executive, consultant

An ideal client would be

Those wanting to develop a highly effective, influential & impactful leadership style

Managing transitions – moving into larger roles

What I don't like doing

Working with someone who won't engage with coaching

Style

Working in an integrative, non-directive way that is supportive and also challenging. Encouraging creativity and reflection. Interested in neuroscience and interpersonal neurobiology and the importance of an integrated mind for high performance

Location

London and the South, nationally and internationally

Relevant qualifications

- BSc., MA, BA, AC, MBACP
- NLP Practitioner
- Mindfulness teacher, (MBSR, MBCT)
- Practicing Psychotherapist

Industry sector experience

Law, Banking, Tech, Energy, Engineering, Media, Museums, Medical, NHS, Local Authorities, Housing

What makes me different?

Extensive business experience, high level coaching skills, organisation knowledge and an understanding of the psychological perspective through being a psychotherapist. I also bring mindfulness into coaching which can provide powerful tools for enhancing focus, resilience and presence

Languages

English

James Beevers



Pre-coaching background

Software engineering, graduate and professional recruitment, executive assessment, business development, leading in a high growth business through to acquisition

An ideal client would be

Open to development, prepared to experiment and willing to think about their thinking

What I don't like doing

Being invited to persuade somebody that they are not perfect

Style

Informal, fun and forgiving but focused. Helping the client make progress while acknowledging perfection may be an unrealistic aspiration

Location

London, but works internationally

Relevant qualifications

- BSc., MSc, AFBPsS
- CBT, ACT and NLP qualified

Industry sector experience

Banking, Engineering, Defence, Professional Services, Elite Sport

What makes me different?

My experiences of building and leading teams through challenging times and holding P&L responsibility means I can understand situations leaders face as well as apply the models and methods of my professions

I am informal and effective at building trusting relationships. Some people call this being "Northern"!

Languages

English

Clare Cohen

**Pre-coaching background**

Management consultant, psychometrician

An ideal client would be

A stressed, high-potential individual who is lacking in self-belief, impact, influence or authority and is struggling to transition into the leader that they could be, because of inner doubts and self-limiting beliefs

What I don't like doing

Working with someone who does not want to be there and lacks any enthusiasm and openness to the coaching process. (A little caution and scepticism is fine though!)

Style

Warm, relationship-oriented and informal. I combine challenge with deep empathy and inquiry.

Location

London, and the home counties but I work internationally

Relevant qualifications

- BSc., MSc., PGC Occ. Psych, C.Psychol.

Industry sector experience

Banking, FinTech, Media, Public Sector, Charity, Law and Professional Services, Auto, Retail

What makes me different?

Blending business acumen and adult-development psychology with pragmatic mind-body practices to address and improve whole-person functioning. Insights gained through studying martial arts (Brazilian Capoeira and Jiu-jitsu) for 25 years and living in and across other cultures. I work with self-limiting beliefs and reframing complex, intractable issues

Languages

English, Portuguese

Kyle Davies



Pre-coaching background

Management consultant and chartered occupational psychologist, company director

An ideal client would be

A senior leader who is struggling not only with consistently performing at their best, but also with effectively maximising their wellbeing for performance. A leader who is committed to going a little deeper to understand how they can tap into their latent potentials in all areas of work and life

What I don't like doing

Working with clients who lack commitment, motivation and an open mind to new possibilities

Style

Challenging and empowering

Location

South Wales, but I work internationally both in person and online via Skype and Zoom

Relevant qualifications

- BSc, MPhil, C.Psychol., AFBPsS
- Diploma and Advanced Diploma in Ericksonian hypno-psychotherapy; CBT Practitioner Certification; NLP Practitioner and Master Practitioner certifications

Industry sector experience

Media, Law, Finance, Professional Services, Public Sector

What makes me different?

I am the creator of Energy-Flow Coaching™, which provides a framework and process for optimising wellbeing, creativity, motivation, and clarity of mind.

Having spent time both as an executive coach in management consulting, and as a practising therapist, I bring an ability to tap into potential by addressing not only behavioural and cognitive factors, but also the deeper psycho-spiritual issues that often underpin work and life challenges. I am the author of 'The Intelligent Body'

Languages

English

Dr Lizzy Bernthal



Pre-coaching background

Registered nurse and midwife including mentor, senior lecturer and researcher in resilience, wellbeing, ethics, team building and cultural change; 25 years as Nursing Officer in the British Army

An ideal client would be

An individual who feels that they are self-sabotaging their limitless potential and success and/ or feeling vulnerable and overwhelmed, particularly if a senior leader

What I don't like doing

Coaching an individual who does not wish to be coached

Style

Supportive, partnering, relaxed, focused; compassionate and challenging

Location

West Midlands – can work all over UK and internationally

Relevant qualifications

- BSc., PhD, PFHEA
- ICF Certified Coach
- NLP practitioner
- Certified Master Practitioner Coach in Attitude Change Technology
- Reiki Practitioner

Industry sector experience

Construction, Retail, Hospitality, 3rd Sector, Armed Forces in UK, Pakistan, India, Jordan

What makes me different?

I have a blend of skills and experience gathered from having supported individuals in UK and abroad in a variety of contexts and cultures in the most austere environments during 25 years of military experience. My wide research, teaching, leadership coaching, mentoring and editorial portfolio enables me to blend psychology and organisational awareness; working with hidden emotional blockers and getting to root causes while supporting clients with a variety of needs. I have also published widely and am an international motivational public speaker

Languages

English

Andrew Bridgewater



Pre-coaching background

Project manager, management consultant, company director

An ideal client would be

A senior manager or leader who is overplaying their strengths and at risk of burn out or derailment. Someone who is negatively impacting those around them

What I don't like doing

Working with someone who is not at, or close to "the point of willingness" i.e. ready to contemplate change or willing to take responsibility for their own development

Style

Caring and compassionate, results-oriented when clients are ready to move forward

Location

Midlands, but works nationally and internationally

Relevant qualifications

- BA, MBA, MSc., CPsychol
- HCPC Registered
- NLP Practitioner

Industry sector experience

Banking, Financial Services, Education, Outsourcing, Public Sector, Professional Services

What makes me different?

Considerable experience of working with people who are experiencing severe stress, tipping into mental and physical health challenges. Strong business background, able to be pragmatic and challenging when needed. Author of Fit for Business: How to deal with stress & enjoy a healthy work life balance

Languages

English

Lynn Dowding



Pre-coaching background

HR business partner, learning & organisational development consultant

An ideal client would be

An individual who seeks clarity about his/her strengths, career options and personal well-being

What I don't like doing

People looking for me to fix them or to give them "the answer"

Style

Attentive, supportive, professional and challenging

Location

Berkshire – works globally

Relevant qualifications

- MA, FCIPD
- Professional Coach
- Gallup Certified Strengths Coach
- NLP Master Practitioner

Industry sector experience

Technology, Engineering, Outsourcing, Public Sector, Sales & Marketing, Utilities

What makes me different?

Putting people at the heart of my work; connecting pragmatism and intuition in an organisational context to create personal engagement. Focusing others on what they do well and bringing alternative perspectives to help them find their best way forward

Languages

English

Shefali Sharma



Pre-coaching background

Clinical services facilitator, business psychology consultant and company director

An ideal client would be

Someone hungry to learn about and develop him/herself; somebody who is vulnerable, e.g. who feels they are being bullied/have been accused of bullying; a person who has lost his or her confidence, perhaps struggling with work life balance issues or suffering from stress

What I don't like doing

Working with people who use coaching as a tick-box exercise, who don't engage with the coaching process

Style

Warm and patient, I build rapport quickly and I'm observant and incisive to get to the core of the issue and very keen to empower people to find their own solutions

Location

East Anglia and London

Relevant qualifications

- BSc., MSc., AFBPsS., C.Psychol.
- Certificate in Business and Executive coaching
- Diploma in Body Psychotherapy

Industry sector experience

Accountancy, Business & Finance, Banking, Utilities, Healthcare, Construction, Environment, Academia, Retail

What makes me different?

A background in business psychology, coaching and body Psychotherapy enables me to integrate body and mind by detecting a person's defence system early on, adapting my style accordingly to raise awareness, in order to achieve sustainable change

Languages

English

Ian Matheson



Pre-coaching background

HR manager/director, COO, company director, management consultant, charity trustee

An ideal client would be

Someone who is bright and self-aware who is struggling with unfamiliar/challenging situations or trying to find their way through competing/overwhelming responsibilities

What I don't like doing

Coaching someone who doesn't want to be coached, is unwilling to be completely open about themselves or expects me to provide the answers

Style

I adapt my style to fit with my coachee while always having a curious and open mind and being prepared to challenge and hold them accountable as necessary. I'm empathic and supportive while not being a soft touch

Location

London but work across the UK and internationally

Relevant qualifications

- BSc., C.Psychol., AFBPsS
- Member International Coach Federation (ICF)

Industry sector experience

Financial Services, FMCG, Accounting and Services, Outsourcing, Industrials, Public Sector, Government Agencies

What makes me different?

Having held executive business leadership positions, I understand the demands on the people I coach and the context they operate in. This background means I bring a business perspective and understanding to my psychology and coaching skills. I build a deep understanding of people, frequently to their surprise

Languages

English

Joy Palfery



Pre-coaching background

Business psychologist, HR manager

An ideal client would be

Any! I like variety. My most common client profile is senior or high-potential managers or professionals. I also do well in helping technical people develop softer skills

What I don't like doing

Being expected to 'fix' an individual when the surrounding system is significantly flawed

Style

Clients appreciate my challenge and results whilst finding me easy to talk to

Location

Thames Valley corridor and surrounding counties

Relevant qualifications

- BSc., MSc., C.Psychol., AFBPsS, CSci., PPABP
- HCPC Registered
- Post-graduate Certificate in Coaching
- NLP Business Practitioner
- Myndflex accredited (cognitive behavioural coaching)

Industry sector experience

Extraction (mining and oil and gas), Aerospace, Banking, Engineering, FMCG, Retail, Public Sector, Law and Professional Services

What makes me different?

My pragmatic business focus combined with an easy rapport and breadth and depth of technical skill. I am happy to work with whatever issues come up (often not the original brief!)

Languages

English

Natalia Zalesinska



Pre-coaching background

HR business partner, HR consultant, currently also heads up the Academy of Executive Coaching (AoEC) Poland

An ideal client would be

An inspirational, passionate leader who wants to turn drive into thrive and open to unlocking every facet of their potential to creatively embrace both opportunities and challenges to achieve new, extraordinary results and make a positive impact

What I don't like doing

Working with clients who are not open to self- development

Style

Holistic, informal, empathetic and challenging

Location

UK and Poland

Relevant qualifications

- MA in Occupational Psychology
- MA in Human Resource Management
- NLP Master Practitioner
- Generative Coach
- Shadow Coach
- Advanced Diploma in Executive Coaching (accredited by EMCC, AC, ICF)

Industry sector experience

Banking, Financial Services, Entrepreneurs

What makes me different?

I blend the latest, cutting edge coaching methodologies, with scientific research and common wisdom.

I work holistically with all elements of intelligence – verbal and visual, individual and collective, somatic and mind – in order to master self-awareness, harness potential, foster new creative results and solutions and achieve lasting and deep transformational change

Languages

English, Polish

Susan Townsend



Pre-coaching background

Operational manager, project management consultant

An ideal client would be

A progressive leader who is interested in exploring different perspectives and continuous development of 'self' and others in the organisation

What I don't like doing

Being an alternative for good performance management

Style

Encouraging, energetic and empowering focus on individual development and action

Location

North West England

Relevant qualifications

- NLP Practitioner
- Mindfulness-Based Stress Reduction MBSR
- Executive & Personal Coaching Diploma
- Advanced Holistic Hypnotherapy (D.A.H.Hyp)
- Certification in Person Centred Counselling

Industry sector experience

Private – Healthcare and Professional Services. Public - Manufacturing, Education and Charity sectors

What makes me different?

By placing resilience and holistic wellbeing at the core of my coaching; creates a safe, non-judgemental and supportive environment for individuals to discover, grow and flourish

Languages

English

Lesley Holt



Pre-coaching background

Registered Pharmacist, Retail Manager, Line Manager, change management, process improvement specialist, team building

An ideal client would be

An individual looking to grow and develop themselves or going through a major change in their life which leads them to question the path they are on

What I don't like doing

Coaching an individual who isn't engaged in the process or one who is looking for me to provide the answers

Style

Calm, supportive but challenging. I use active listening combined with questioning to support the client develop self-awareness

Location

East Anglia, South East England.

Relevant qualifications

- BSc(Hons), Registered pharmacist
- Certificate in Professional Coaching Skills
- Member of the Association for Coaching

Industry sector experience

Retail, Healthcare, Pharmaceutical Industry, Education

What makes me different?

A pharmacist with a passion for supporting people in their growth and development to become the best version of themselves. As a senior manager in a corporate role I have faced many of the challenges that my clients face. I quickly create trust with people enabling me to work with them to surface the beliefs that are holding them back.

I have expertise in managing through change from all perspectives which enables me to empathise, support and challenge a client going through this.

Languages

English

Gwyn Rogers



Pre-coaching background	Company Director, Business Psychologist, Business founder and owner, Group HR Director, Management consultant
Years of coaching experience	25 years
Level	Gold
An ideal client would be	An established or up-and-coming leader who wants to develop their capability, grow their reputation or build their self-belief. Someone who is looking to understand and leverage their potential to succeed
What I don't like doing	Working with someone who is not committed to the task. Simply going through the motions or being asked to 'fix' someone who is underperforming but who hasn't had that honest conversation with their line manager
Style	Focused, commercial and straightforward; amicably challenging blended with an informal and unpretentious approach
Location	Works all over the UK and internationally. A significant time spent in London/ the South East. Home is near Bristol
Relevant qualifications	<ul style="list-style-type: none"> • MSc Applied Psychology • BSc (Tech) Occupational Psychology • Associate Fellow of the British Psychological Society • NLP Practitioner • Wide range of psychometric licences and qualifications
Industry sector experience	Retail, global manufacturing, FMCG, multi-utility, retail, casual dining, banking and financial services, utilities, airlines, media, communications, leisure, engineering, transport and third sector
What makes me different?	A reputation for strong commerciality and an appreciation of how to support people's development within specific industries and business contexts
Languages	English

Jo Williams



Pre-coaching background

Marketing director, strategy & business development consultant, executive board advisor, organisational development and change management adviser.

An ideal client would be

Professional services practitioners who are struggling to cope with the demands of their lives in the context of unsatisfactory personal circumstances, whilst seeking to maintain career and professional progression. This can create an unbearable conflict between their professional/career life stage and the clarity required to successfully negotiate personal relationships.

Together, we work to develop greater awareness, creating new perspectives and sense of self which supports balance and fulfilment across both personal and professional lives.

What I don't like doing

Box ticking exercises, avoiding the uncomfortable questions and working with people who don't see the value in coaching or personal development.

Style

Supporting and developing an individual's psychological immunity is at the core of my work.

I am compassionate, authentic, non-judgemental, consultative and I focus on building a coaching / therapeutic relationship based on trust.

My approach is to establish clear aims and intentions for professional and personal development, whilst bringing a relaxed and, on occasion, fun element to our work.

Location

Manchester and London, and overseas projects on a client by client basis.

Relevant qualifications

- Chartered Institute of Marketing
- Practicing Integrative psychotherapist
- ACT (Acceptance and Commitment Therapy)
- Transactional Analyst (UKATA, BACP)
- BUPA's Strategic leadership Programme - inclusive of training from Richard Oliver of Oliver Mythodrama on Courageous Leadership
- Founder of the BELIEVE Programme – a personal and professional development programme using a seven-step model for change

Industry sector experience

Law, Education, Professional services, Healthcare, Financial Services, Technology, Advertising & Media

What makes me different?

A hybrid of solid commercial business experience and psychology.

I have an extensive background in business (over 20 years) across variety of sectors and I truly understand where business and people come together and the myriad of difficulties that can result!

Having held roles shadowing CEOs in their organisations and working one on one with individuals, I am able to align and support both the professional and personal ambitions of people and the organisations they are part of.

As an experienced psychotherapist, I can also assess and support broader mental health and well-being skills and work with individuals going through significant life events.

Languages

English

Anna Rowan



Pre-coaching background

Aer Lingus cabin crew member and instructor, childcare worker for children in care, leadership and management development

An ideal client would be

A person who wants to challenge themselves and wants to fully engage with and trust in the coaching process

What I don't like doing

Working with people who attend coaching to tick the box or appease their manager

Style

My coaching style is flexible based on the requirement of the coachee and the level of challenge appropriate. I listen intently with eyes, ears and heart and play back what I hear and sense. I offer this back to the coachee as data that generally opens doors to deeper and real issues

Location

I am based in Dublin and work internationally

Relevant qualifications

- Dip in Executive Coaching: Smurfit Business School UCD
- Team Coaching: Ashridge College
- MSc Occupational Psychology: University of Leicester
- BSc Psychology: Open University
- Psychometric Profiling: Levels A and B
- Advanced Dip in Exec Coaching: Smurfit Business School UCD (currently)

Industry sector experience

Finance, Aircraft Leasing, Pharmaceutical, Education, Retail, and Management Consultants

What makes me different?

I uphold unconditional positive regard while challenging the coachee. I use a strong person-centred approach. I am direct with a caring nature. Whatever data I hold about the coachee (and deem to be useful to the coachee) I share with them. I use many creative approaches when and where appropriate

Languages

English

Jan Houben



Pre-coaching background

IT services, education, public administration, healthcare, management of an IT and organisational consultancy firm

An ideal client would be

Intelligent and upcoming senior leaders seeking to find new ways of dealing with their tasks, improving their relationships, exploring their values and enhancing their self-care

What I don't like doing

Instructional coaching at a basic level

Style

Direct and sometimes challenging, but always supportive and open-minded

Location

The Netherlands

Relevant qualifications

- MSc (Pedagogy)
- Bachelor (Public Administration)
- Nyenrode University, Management of Professional Organisations
- Erasmus University of Rotterdam, Brain in the Boardroom
- Ashridge Hult, Executive Team Coaching
- Nyenrode University, Program for Surveillance (two tier boards)

Industry sector experience

Healthcare Professional Services (e.g. IT and Information Services), Public Administration, and Education

What makes me different?

Being a social scientist by background I am curious about what people say versus what they actually do. I try to help them find a good balance between values and selfcare in respect to their tasks and relationships. I am expert in board dynamics, especially in healthcare and public services

Languages

Dutch, English

Johanna Grosgurin



Pre-coaching background

International marketing, leadership training, assessment and management development consultant

An ideal client would be

Managers in transition to new roles, female leaders in a male environment, managers with a technical/scientific background who need to enhance their people skills, managers who have been so busy fulfilling their duties that they have never focused on their own development

What I don't like doing

Coaching someone who does not want to engage in coaching, who comes to tick a box, or because someone else thinks they should get coaching

Style

Personable, pragmatic, professional, confronting but supportive

Location

France, on the border of Switzerland, working internationally

Relevant qualifications

- MSc International Business (Finland)
- Master Practitioner of Voice Dialogue (3-year coaching specialisation) (France)
- Team Coaching (UK)
- ICF PCC accredited
- Certified in many psychometric tools

Industry sector experience

Manufacturing, Banking, European Organisations, Hightech, Pharmaceutical, FMCG, Professional Services

What makes me different?

I am a European Coach and can relate to the challenges of an international career. I also have a particular affinity with technical leaders discovering their leadership and relational skills. I meet my clients where they are in their development, adjusting my approach to their needs and helping them to bring out their best

Languages

French, English, Finnish

Wilfried Claus



Pre-coaching background

International strategic management consultant and senior executive

An ideal client would be

Members of a management or supervisory board in business or public organisations who are looking to explore personal development opportunities

What I don't like doing

Writing long reports

Style

Inspiring and insightful with deep listening skills, I enjoy sparring with people on personal and business issues

Location

The Netherlands and Belgium

Relevant qualifications

- Catholic University Leuven, Masters in Psychology
- Columbia University, Executive MBA
- Instead, Challenge of Leadership
- Ashridge, Team coaching

Industry sector experience

ICT, High Tech, and High-Performance Material

What makes me different?

Having spent half of my career as a consultant for a broad range of organisations, and the other half of my career as a senior executive in international business, I have knowledge and experience in different sectors, including government. This has provided me with deep insights about the way business works

Languages

Dutch, English, German

Wim De Keyser



Pre-coaching background

HR Director, interim manager, consultant

An ideal client would be

Eager to learn, curious and willing to challenge their own beliefs and mental models and to explore the boundaries of their own comfort zone

What I don't like doing

Having to convince people of the value of coaching

Style

Relaxed and focused, down to earth, respectfully direct, sometimes playful, creating a safe space to explore, gentle challenge; reflecting on the here and now, allowing for more conscious decisions

Location

Belgium, The Netherlands, North of France

Relevant qualifications

- MSc Psych.
- Exec. MSc Coaching
- Registered Psychologist

Industry sector experience

Public Sector, Not for Profit, Financial, Food, Retail, Automotive, Healthcare, Pharma, Consumer products, Chemical, Dairy products, Airlines, Real Estate

What makes me different?

Business experience combined with psychological and systems psychodynamics insights, easily alternating between person, system and context. Relentless drive to help people make necessary changes one conversation at a time. Combination of practice, teaching and research at different Business Schools throughout Europe. Board member and modern art lover

Languages

English, Dutch, French

Gary McEwan



Pre-coaching background

Senior leadership roles in Financial Services for 3 FTSE 100 organisations. Over 20 years' experience of leading remote based teams & supply chains. Acted as a media representative and conducted live interviews on BBC and Sky News.

An ideal client would be

An open minded leader struggling to make an impact or to tap into their potential but has the desire and drive to take some risks, overcome their fears and become the best that they can be.

What I don't like doing

Working with people who are not prepared to be honest or challenge themselves about what they are really thinking or feeling.

Style

Informal, friendly and non-judgemental. I am also attentive, a good listener and compassionate.

I am naturally inquisitive and with a highly practical, solution focussed approach. I share theories, concepts and models at times to support this goal but recognise they are simply a means to an end.

I will challenge at times but only in the best interests of the client and to help unblock barriers that are holding them back.

Location

Virtual Sessions: Globally Face to Face: South East England & Home Counties.

Relevant qualifications

- EIA Coaching Practitioner, EMCC
- Diploma in Transformational Coaching
- The Five Behaviours of a Cohesive Team Accredited Trainer
- RBS Strategic Leadership Programme, Henley Management College
- RBS Manager Leader Programme, Cranfield University

Industry sector experience

Financial Services, Law, Engineering, Outsourcing, Public Sector, Policing, Remote Leadership, Supply Chain Management

What makes me different?

Having spent 20 years leading teams and gaining valuable experience in the corporate world, I am pragmatic, practical and outcome focussed. The reason for doing what I do, is to make a difference to people, in particular overcoming our negative or limiting beliefs in order to excel and better enjoy what we do at work.

Languages

English